

## Pharmacist

Justin Wilson, Pharm.D., Valu-Med Pharmacy, Midwest City, OK

## Justin's Success Story

“Medication Therapy Management (MTM) sessions have positively impacted the lives of many of our patients. Many times, we are assisting with compliance issues or making therapeutic drug interchanges to help save the patient money. However, we have encountered more involved MTM education needs with a number of our patients.

The most profound example occurred about three years ago. Through our expertise and with the help of the MirixaPro<sup>SM</sup> platform we discovered many problems during the patient's face-to-face MTM session. We discovered the patient was on multiple unnecessary medications, as well as many tier 2 and tier 3 medications, increasing the patient's costs. In addition, the patient had recently found herself in the coverage gap and had stopped taking most of her medications given that she could not afford the monthly medication bills. As a patient suffering from diabetes and hypertension, she was starting to feel the ill effects of not continuing with her medication as prescribed. Through a collaborative effort with the patient and her physician, we were able to discontinue many of the unnecessary medications, and switch most of her brand name drugs to generic alternatives. The result significantly reduced the patient's monthly out-of-pocket costs.

The MirixaPro<sup>SM</sup> platform assisted us in this process by helping to identify the drug therapy problems and areas of cost-savings. We were able to easily document our steps and bill for the MTM service. Based upon the results from this MTM encounter, the patient was able to reinstate her medication resulting in improved compliance and positive patient care outcomes. We look forward to Mirixa continuing to provide us with patient care opportunities.”

**Great job Justin!**